

Game Rules 2021

2026, 2025, and High School levels: 2021 NCAA Rules and Regulations

- On flag down situation play continues until usual stoppage or defense gains possession. Ball can come out of the restraining box and play continues. If ball is loose and fouling team commits a technical foul, it is a time serving foul.
- Change of Possession Offside- Ball is re-started at location whistle blown.
- Time Outs- can only be called in offensive zone or during a dead ball.
- No horns.
- No "Keep it in" in last 2 minutes of game or if officials think a team is stalling. Instead, a "Timer On" call will be used. The offensive team must produce a shot on goal within 30 seconds of the "Timer On" call.
- You have 20 seconds to clear the ball over the midline
- After 20 seconds of possession, the ball cannot cross back into your defensive half of the field, unless there is a change of possession.
- Sticks heads must either meet NCAA or Federation standards.
- Faceoff:
 - o 3 illegal procedures in a half by a *team* results in a 30 second penalty.
 - SNG: Standing, Neutral Grip
- No Shot Clock
- No Dive

2027 and 2028 Same HoganLax rules as above with below exceptions:

• 37" is shortest stick permitted.

2031-2029 Same HoganLax rules as rules above with below exceptions:

- No "take out" body checks. Body contact is allowed.
- No counts
- Longest pole is 60" in length. No more than 4 sticks between 44"-60."
- Mercy rule, if a team is winning by 5 goals or more, the losing team will be awarded the ball after all goals at the faceoff x.
- Horns on sidelines and after flag down situations.
- EMO and EMD

Applicable to all game:

- 2031-High School: 2 22-Minute Halves
- Overtimes
 - o Pool Play: 14-minute period, 1 timeout per team
 - Bracket Games, 1 non-timed period until winner, 1 timeout per team
- Time, penalty, and game kept at the scorer's table
- Stop time last 2 minutes of game
- 1 Timeout per team, clock stops
- Penalty time is stop-start